



Touro College

Project Aspire

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The Palette Fund

Natural Gourmet Institute®

Nutrition Day@P.S.197

Healthy Whole Foods for Life-long Health

Citrus Cilantro Dressing

¾ cup of dressing



Ingredients:

1/3 cup lemon/lime juices combined

1/3 cup extra virgin olive oil

1/4 cup packed fresh cilantro

(2) small cloves of garlic

1/2 tsp ground cumin

salt & pepper

Directions:

Put all ingredients in blender and blend until fully blended

Adjust seasoning to taste.

